

## **Frequently Asked Questions – Athlete Studies**

### **Why provide the supplement to the Coaches' Study?**

Many coaches have asked us to provide a tool for them to use to disciple their athletes. We believe the best way to do this is to use our current studies as a platform. We recognize there are limitations to meeting with athletes and we encourage coaches to follow the guidelines of your respective school districts.

### **Why isn't the athlete study available to all coaches whether they are in a Coaches Outreach study or not?**

Just like winning programs, we believe in the system. To maximize the benefits of the study and provide relevant discipleship coaches need to be participating in a Coaches Outreach Bible study.

Lay leaders are trained to facilitate discussion among the coaches to re-enforce the observation, interpretation, and application learning model for scripture. Coaches participating in the study will draw from the answers of their peers which will better equip them to lead a discussion with their athletes in their language.

### **How to use the athlete study?**

This will vary based on time and circumstances however we do have some suggestions.

- 1) Coaches meet and do their Coaches Outreach study as a group.
- 2) Coach prints off week's lesson from the Coaches Outreach website.
- 3) The lead coach for student study then meets with students to discuss the student lesson based on one day of coach's study.
- 4) The group can do the whole lesson at that time as a group. Or if more focused discussion time is needed at the student meeting, the coach can send next week's supplement home with students for them to do ahead of time. That way the coach can call on students for their answers. Reading the scripture should always be a top priority for the study (like the CO Bible study).

### **What does the athlete study contain?**

Each athlete study is a front-back handout that for now is basically the same as one day out of the four-day Coaches' study for that week. The applications are adapted to make it more relevant to youth.

### **Why was a particular day chosen for for the Student Study?**

The athlete study was selected based on three factors: 1) Its overall relevance to the theme of the week. 2) It is more engaging to a teenager. 3) It fits within the 2 page parameter.

### **Is there a teacher's manual for the athlete study?**

Yes. It is the Coaches Outreach Bible study written for coaches. The coach will have four days of personal study along with an hour discussion with other coaches that should prepare him/her to facilitate a one day study with the youth.

### **Additional thoughts**

The athlete study will not have "True Coaching Stories" but under future consideration would be "athlete stories" that coaches could collect from their students. The athlete study is a work in progress and we are excited to see how it will evolve with the coaches' input.